

**SARA TUCHOLSKY****VICE PRESIDENT, SPORTSMANSHIP DEFINED FOUNDATION**

In April of 2008, a quiet and shy girl met a new best friend and the bright lights of Hollywood. After hitting her first career home run, Sara tore her ACL while making the trot around the bases. The incredible gesture that came next by Mallory Holtman and Liz Wallace has forever changed her life as well as the lives of others around the world.

Sara and Mallory have traveled the world conveying the message of sportsmanship and “doing the right thing.” In order to thank Mallory and Liz for their selflessness, Sara speaks to others as often as possible in order to express her gratitude for their actions. “I want others to know what a great impact you can have on someone's life even though you think your actions were small. Mallory did not realize that was my one and only home run, she just reacted, and in doing so, she impacted me in a way that I am forever grateful for.”

In the months after the memorable home run, Sara and Mallory spent a considerable amount of time together, traveling, speaking and just “hanging out.” Sara considers Mallory's friendship as the most valuable asset she's received from this experience. “Appearing on Ellen DeGeneres and winning an ESPY award will be memories I will forever cherish, but the greatest opportunity that has arose from that moment on that softball field was meeting Mallory Holtman. She is an amazing individual with an incredible heart. I continue to speak so that her actions can continue to be honored.”

Sara is now 23 years old and a graduate from Western Oregon University. She is working as a medical receptionist at Hillsboro Orthopedic Group, but plans on furthering her education to become a Human Resource Manager. When time allows, she helps with a local high school softball team and goes to Western Oregon University to watch games and support her old team.

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